

Corona Virus - Frequently Asked Questions (FAQ's)

1. ***What is COVID-19/Flu?***

COVID-19 is a virus strain that can cause an upper respiratory illness. It can cause severe illness and pneumonia in some people and currently there is no treatment. You may experience some or all of the following symptoms: a fever, a cough or difficulty breathing. Symptoms may appear in as few as 2 days or as long as 14 days after exposure to the virus.

2. ***What should I do if either I am, or a family member is experiencing respiratory symptoms that are consistent with COVID-19?***

The Centers for Disease Control (CDC) and Vigor suggest the following:

- For all Production employees, call in to the attendance line and remain at home
 - **1-844-660-0089**
- For all Salaried employees, call into your supervisor to report/discuss your absence and remain at home
- Contact your health care provider. They will help identify the best way to evaluate your illness and determine your needs
- Once your symptoms have resolved for a period of 24 hours you may return to work. Vigor will not be requiring doctors notes for employees to return to work, however you may be required to provide information from your doctor to obtain benefits such as Family Leave or Short or Long Term Disability
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3. ***What if I have an underlying health condition?***

We encourage you to contact your health care provider to discuss any underlying health conditions. You may also reach out to your Vigor Leave Team if you need any additional consideration after consulting with your doctor **Elena 206-623-1635 extension 263 or Kirsten 206-291-7694**

4. ***Can I use sick leave or paid time off?***

Employees may access and utilize any Paid Time Off (PTO), grandfathered sick leave, Vacation Paid Sick Time (VPST), Sick Leave or Vacation \$'s that you have available. Those experiencing longer periods of absence, due to their own or a family member illness, may also wish to explore Family and Medical Leave and/or Short Term disability.

5. ***I suspect that I am ill or one of my family members is ill, what should I do?***

We encourage you to use your health care plan's online options, many of which are listed below. Please contact your health care provider by phone or email first if that is an available option. Many plans have online/telephone service options such as Regence's MDLive. If you are a Regence member, you may register at MDlive.com and speak with a doctor directly.

6. What happens to my pay, my job, my insurance?

For Employees on Union health plans, your points of contact are:

Vigor Works Ironworkers Union Employees	UMTA Trust US Benefits	All Benefit questions to include access to Short and Long Term Disability	503-595-2080
Vigor Marine Portland, Cascade General, WA Marine Repair	Oregon Laborers Trust WC Earhart	All Benefit questions to include access to Short and Long Term Disability	503-460-5245 877-396-5845
Vigor Marine Seattle, Vigor Fab Boilermakers	Northwest Administrators	All Benefit questions to include access to Short and Long Term Disability	866-312-4592
All	Standard Insurance	To apply for a Leave of Absence, including FMLA	866-756-8116
All	Employee Assistance Programs Financial, Legal or general emotional support	Reliant Behavioral Health	866-750-1327; MyRBH.com

For Non-Union Hourly, Corporate Hourly or Salaried Employees your points of contact are:

Regence BCBS	All Benefit questions	866-240-9580 www.regence.com Contact a doctor 24 hours/day Register at www.MDLIVE.com
Kaiser	All Benefit questions	800-813-2000 www.kp.org
Standard Insurance	To apply for a Leave of Absence, including FMLA	866-756-8116
Employee Assistance Programs Financial, Legal or general emotional support	Reliant Behavioral Health	866-750-1327; MyRBH.com

For Hawaii Union and Non-Union Employees your points of contact are:

HMSA	All Benefit questions	800-810-BLUE (2583); www.hmsa.com
Kaiser	All Benefit questions	800-966-5955 www.kp.org
Pacific Guardian Life	To apply for Temporary Disability Insurance (TDI)	800-367-5354
Standard Insurance	To apply for a Leave of Absence, including FMLA	866-756-8116
Employee Assistance Programs Financial, Legal or general emotional support	Reliant Behavioral Health	866-750-1327; MyRBH.com